

E-Run 2024 Regulations

Article 1: Presentation of the event

Run for Diversity is a project run by the Fédération Française du Sport d'Entreprise through the European Commission's Erasmus+ programme. In this project, the FFSE is building on its national pilot experience conducted since 2014 and is supported by a consortium of national corporate sport federations, European and national organisations and a university particularly involved in the themes of social inclusion, sport and innovation.

Extending the original French project to a European level and adding a dimension of reflection, education and pedagogy, the consortium wishes to contribute to advancing the promotion and activation of physical exercise in companies while pushing and embodying the themes of diversity (gender, intergenerational, disability...) within the professional environment.

During Covid, we set up this new activity linked to the pandemic, E-Run. Today, we want to set up connected challenges for some of our events. It's a solution that already exists, but it's one that's been developed a lot in the digital era. We are firmly convinced that it will also find its place in the long term.

These connected challenges are useful for encouraging cohesion and internal communication, and help to recreate links between employees, while remaining accessible to all without changing the working day. These connected challenges also make it possible to promote physical activity throughout Europe without taking any health risks.

Article 2: Registration

2.1 Registration conditions: The challenge is open to all, regardless of age, gender or physical condition, subject to prior registration via the Fédération Française du sport d'entreprise.

2.2 Registration fee: Each participant must pay a registration fee of €15. This fee entitles the participant to access the 'erun' tracking application.

Article 3: Running of the challenge

3.1 Date and duration: The challenge will take place from 23 to 30 September 2024.

3.2 Performance measurement: Each participant must record their route via the dedicated application or synchronise their results from a compatible device (GPS watch, running application, etc.).

3.3 Respecting the route: Participants are free to choose their route, to run or walk outdoors or indoors.

3.4 Complete the quizzes and missions every day during the week to earn extra points.

Article 4: Ranking and rewards

4.1 Ranking: The rankings will be established at the end of the challenge period. The results will be calculated according to the points scored by each participant.

4.2 Categories: The ranking will be organised according to several categories. At the end of the week, rankings will be awarded to the best countries, companies, subsidiaries, solos and duos.

Article 5: Safety conditions

5.1 Individual responsibility: Participants are required to respect the traffic and road safety rules in force on their chosen route. They take part in the event under their own responsibility.

5.2 Health: Each participant must ensure that they are in good physical condition to take part in the event and must take all necessary precautions before and during the race.

5.3 Insurance: By registering for the event, the participant confirms that he/she is in appropriate physical and mental condition and that he/she possesses all the skills required to take part in the event. He/she is nevertheless aware that his/her participation involves a certain level of risk. Consequently, he/she confirms that neither the organiser of the event (Fédération Française du Sport d'Entreprise), nor any of its associated companies are to blame if he/she is injured.

Participants must be in possession of valid personal liability insurance and personal accident insurance covering their participation. If he/she causes damage to anyone or his/her property, he/she accepts responsibility and ensures that the organiser, Fédération Française du Sport d'Entreprise or one of its associated companies, suffers no damage in this respect.

Article 6: Respect for the environment

Participants undertake to respect the environment throughout their race, not to litter and to behave responsibly.

Article 7: Cancellation or modification of the event

The organisers reserve the right to modify or cancel the event in the event of force majeure or for any reason beyond their control.

Article 8: Disputes

In the event of a dispute, the decisions of the organisers shall be final.